

Healthy Living 9

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This year in Healthy Living 9 we will be focusing on healthy self, healthy relationships and healthy communities. We will study many areas of health (physical, mental, sexual, etc.) as well as substance use and decision making. We will also focus on goal setting and life changes as we prepare to make the transition to high school next year. In this course, class participation, group work and communication will be very important and we will work on these skills throughout the year.

Assessment:

Students will be graded on a 1-4 grading scale but will receive an overall grade each term on their report cards. Assessments will be recorded in Powerschool regularly throughout the year. It is a good idea to check in regularly to ensure your child is keeping up with their assignments.

Students will be given numerous opportunities throughout the school year to demonstrate their understanding of the course outcomes. Assessment tools include; class discussions, written assignments/projects, presentations, group work, posters, observations, self assessments, class participation.