



Highland Park Junior High School

November / December News

HPJH Annual Turkey Dinner



As part of our December holiday celebrations at Highland Park, students and staff come together to share a traditional turkey dinner at school. This year's dinner will be held in the gym on Tuesday Dec. 17th, just before the lunch break.

We rely on the generosity of our community to make this dinner a success. Adults who can help with preparation are invited to join us on Monday, Dec. 16th. We will get underway around 3:30 p.m. Any time you can give is appreciated. We also need a few volunteers to help with final food preparation, plating, and cleanup on Tuesday morning/lunch hour.

Contributions of paper plates (200 sturdy dinner plates and dessert plates), napkins, cutlery are always needed to make this celebration happen. If any family would like to make a donation towards our dinner, just contact our admin assistant Mrs. McIntyre at 902-493-5124, or smcintyre@hrce.ca to let us know what you are able to send in by Friday December 13th. We also need 2-3 very large pots for cooking potatoes. A big thank you goes out to Krave Burger for donating 100 pounds of potatoes!

Thanks for your generosity in making the upcoming holiday a special one for our school family.



Athletics News

The Highland Park girls volleyball team completed a successful season in the tier two Citadel league. Our girls were able to secure key victories against Rockingstone Heights and Ecole Mer et Monde. Their season was defined by overcoming adversity, developing in-game skills, and developing team chemistry. The Highland Park community would like to thank Heather Cosgrove-Smith for volunteering and being a wonderful coach. Also, we would like to thank Mr. Jerrett for his support of our volleyball program.

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Basketball season has started at Highland Park. The girls team has been practicing with John from the Phoenix Youth Centre; they are working towards playing their tier two season in January. Our boys team, under the guidance of Coach Trevor Walter, has been practicing on a weekly basis. They competed in the Graham Creighton Jumpball Invitational. Our Dragons had a successful season opener. They had quality victories against John Martin, Dartmouth South, and Rocky Lake. Their only defeat came at the hands of Graham Creighton, but Highland Park will surely have their revenge in the city finals.

ECO Group News



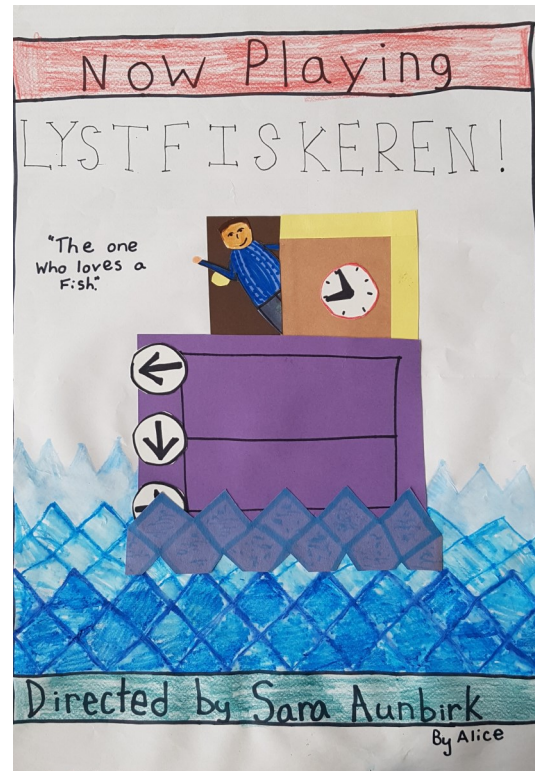
The newly formed ECO (Environmental Change Organization) group of students has decided that, over winter, we want to help homeless people have a better winter holiday by gathering mitts, hats, gloves, socks, backpacks and toiletries. Please search around at home and bring in these items to help make

someone's life better. Any items can be stored in Mrs. Bradbury's room. Thank you.

Community Connections to Curriculum

In November, the grade seven students visited the theatres in Dartmouth Crossing to attend the Atlantic Film Festival Youth Tour. With a mix of documentary, foreign, and animated short films, the students were exposed to a wide variety of exceptional films from Canada and around the world. Coupled with pre-viewing classwork in an effort to predict what the films were going to be about, the students then created their own film posters for their favourite selections. The results

were creative and beautiful art projects that culminated in a giant mural of all the students' favourite local spaces. It now hangs prominently above the class as a reminder that we must all live together, and to be kind and compassionate to our neighbours!



Canadian HIV/AIDS Awareness Week AIDS Awareness Projects contributed for Art 7 and 8 and Healthy Living 9.



Grade 7, 8 and 9 created Christmas Cards being sent to military personnel deployed overseas—Operation Impact Kuwait.



E-Mission Convention



E-Mission Convention - A group of 5 grade 9 girls went to the Halifax Convention Centre to represent HPJH in October. They listened to companies that were using initiatives to help with climate

change and ways forward for other businesses. We were treated like royalty and want to thank Green Schools for the invite!

Annual HPJH Ski Trip

Mr. Tortola has begun planning the annual HPJH Ski Trip to Martock. This event has been a huge success in past years and we are expecting the same this year. The trip is scheduled for Tuesday, Jan 28, 2020. Mr. Tortola will be have a meeting with students during the first week back after the

holiday break. Stay tuned!





Follow us on
TWITTER
@HPJHdragons



Check out our Webpage:
<http://hpj.hrsb.ca>

Email us at:
hpjh@hrce.ca



GIRLSPACE

A youth-led violence prevention program delivered annually to over 250 female and non-binary youth. This is provided to youth in grades seven (7) to nine (9), at participating junior high schools in the HRM, once a week during lunch hour. Discussion topics are adaptive, and will depend on the interests and learning styles of participants. GirlSpace intends to provide a safe space to facilitate these discussions while helping participants build skills, increase awareness, foster resilience, and encourage collaboration. The program is from October to June each year. For more information, contact the Youth Programs Team at youthprograms@ywcahalifax.com



YOUTH LED DISCUSSION TOPICS MAY INCLUDE

- BODY IMAGE
- BULLYING & HARASSMENT
- DIGITAL & ONLINE SAFETY
- HEALTHY DECISIONS
- HEALTHY RELATIONSHIPS
- INFLUENCE OF THE MEDIA
- MENTAL HEALTH
- MULTICULTURAL AWARENESS
- NUTRITION & PHYSICAL HEALTH
- SELF-ESTEEM
- SEXUAL ASSAULT & CONSENT
- SEXUAL HEALTH
- SEXUALITY & GENDER IDENTITY
- SUBSTANCE USE & ADDICTIONS
- VIOLENCE AGAINST WOMEN



GUYSPACE

A brand new youth-led cyber-violence prevention program delivered to male and non-binary youth in grades seven (7) to nine (9), at participating junior high schools in the HRM, once a week during lunch hour. The program equips participants with the necessary knowledge and skills to safely navigate the online world, while encouraging leadership, building self-esteem, and fostering a safe and inclusive space where participants can be themselves and discuss issues that are important to them. The program is from October to June each year. For more information, contact the Youth Programs Team at youthprograms@ywcahalifax.com



GuySpace;

GuySpace is a brand new cyberviolence prevention program offered at local junior high schools and six additional community locations throughout HRM. The program will also aim to address the stigma associated with young men expressing the full spectrum of emotions, by normalizing these conversations. The program equips participants with the necessary knowledge and skills to safely navigate the online world, while encouraging leadership, building self-esteem, and fostering a safe and inclusive space where participants can be themselves and discuss issues that are important to them.

GuySpace offers weekly interactive workshops on cyberviolence and violence prevention, as well as an array of current issues that impact young men. The diverse curriculum may include; body image, bullying and harassment, digital and online safety, multi-cultural awareness, healthy relationships, mental health, self-esteem, and much more. Additionally, GuySpace offers a safe, inclusive, and judgement free space for young men to be themselves.

GuySpace will be starting at HPJH after Christmas as they are still in the process of hiring the male facilitator.

GirlSpace;

GirlSpace is a cyberviolence prevention program for female and gender non-conforming youth at local junior high schools. The program equips participants with the necessary knowledge and skills to safely navigate the online world, while encouraging leadership, building self-esteem, and fostering a safe and inclusive space where participants can be themselves and discuss issues that are important to them.

GirlSpace offers weekly interactive workshops on cyberviolence and violence prevention, as well as an array of current issues that impact young women. The diverse curriculum may include; body image, bullying and harassment, digital and online safety, multi-cultural awareness, healthy relationships, mental health, self-esteem, and much more.

HPJH welcomes Martha Kerr from the YWCA who will be starting this program at lunch on Tuesdays.